

## Dependency, The Archetype of a Median Descendant

By

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A role model of mine, a man for conscious and independence, once said:

- Avoid 7 social sins that include "wealth without work, pleasure without conscience, knowledge without character, commerce without morality, worship without sacrifice, politics without principle, and science without humanity".
- I hope we all can avoid these sins.



## Archetype

- According to Jung archetype is a collectively inherited unconscious idea, pattern of thought, image etc., universally present in individual psyches (dictionary.com)
- One might argue what has happened to Meds and their descendants throughout history have influenced the Kurdish pattern of ideas, thoughts, and behavior.
- Kurdish history includes the fall of the Meds, invasions, divisions, imposed religion and identity,
- Submission, loss of identity, serving others more than self, lack of independence, and constant struggle to change this might have been the outcome.

## Main characters

- Media
- Salah
- E: Esmer
- N: Nurin
- W: Winah
- S: Sozan
- Mamad
- 22 children
- Aly
- Hosman and Mustafa
- Baker
- Homar

- While half awake, I had a dream. A friend asked me why his mother cannot take care of herself.
- I said understanding your mother requires a systematic academic study. However, I will try to evaluate her archetype, if she appears in my dream for an interview. So she did and I started asking her question and reported in 1001 words



Q: Tell me something about yourself, please.

- A: My name is Sozan. I was born in 1920s. My life has been controlled by few rival clans. I am unskilled, fearful, helpless, and unable to make my own decision.



Q: How about your parents?

- A: I don't know much about my father, Kayxosrow. They say my mother (Media) had been a mighty woman. After, a bad fall she lived in poverty for many years.
- Then she met Mr. Mamad.



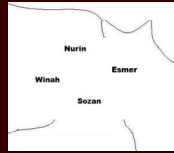
Who was Mr. Mamad?

- Mr. Mamad was an expansive married man with many wives. His slogan was taking care of the poor and the widows. Being a poor widow, Media married him, gave up her own way of life and identity, and changed her name to Mrs. Mamad. They had a son, my half brother Salah, who followed Mamad's foot steps. Mamad also had 22 other children that made league for themselves.



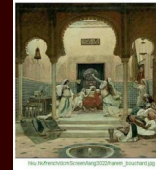
## Q: Any other siblings?

- A: Yes I have three full sisters, Esmer, Nurin, and Winah. We lived in a hostile neighborhood in the Middle of the Eastern Hemisphere, yet we were in peace until few clan chiefs divided us between themselves.



1639

- First time two clan chiefs Aly and Hosman, had a fight over their properties. They settled. Aly took Esmer and Hosman took Nurin, Winah, and me. They didn't ask for our consent.



## Q: Then what?

- A: Like Mamad, Hosman had many wives and children and made choices for all of us. One of his cousins, Mostafa rebelled against him and became the new clan chief. He was thought to be a fair man initially and let us free. Then he became hostile, lost his ground, gave me and Winah to two twin brothers to be left in peace.



Temporary Marriage, NY Times 10/4/2000, by Elaine Sciolino

## Q: How is life with Homar now?

- A: Homar is gone. It was hell though. He was not only hostile and killed many people, but also did everything to keep me under his control.



## Q: What did you all do?

- A: We raised our voice few times, but no one cared. In 1945 my sister Esmer, said it's enough and left her husband. Within one year Aly found her and hit her head so hard that she became paralyzed. Now she is a handicap and cannot say much. Her hope is her children though.



## How about Nurin and Winah

- Most people don't know about Winah, because her husband claims she doesn't exist.
- Nurin, like all of us was beaten many times and fought back few times. Her children are resisting pressure, some with art, and some with words. Unfortunately some also with arms. Many people question why don't they give up.



## Q: How about yourself?

- A: I was lucky. After an assault in 1988, I cried so loud that the world heard me and sent some rangers to help. In a subsequent fight with the rangers my husband, Homar, was shot. I am told I have freedom now, but I haven't learnt how to use it.



## What they tell me

- Some people tell me I am better off to marry my husband's cousin, Sadram, with whom I live now.
- Others tell me I cannot trust any men in this family.
- The rescuing rangers seems to be terrorized and blinded. I cannot rely on them either.



## Thinking of others

- I first have to think about the interest of others including the rescuing rangers and the threatening clan chiefs in the neighborhood.



## Sensitive and hurt

- Some people criticize me and tell me I am too clingy, needy, and afraid of choosing my path. I don't like their criticism. I cannot live alone. I have no confidence. I am hurt and surrounded by more advantageous groups. I need full reassurance to make any decision. What should I do, she shook me?



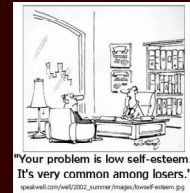
## I woke up fully and summarized my evaluation for my friend:

- Your mother and female relatives have had significant traumatic experiences.



## Why

- Whether these experiences are due to abuse and pressure to submit or due to vulnerability for anxiety and dependency, it remains to be investigated. Your mother specifically has many traits of dependent personality disorder.



## What to do

- The best course of action for her to make progress is learning from the past trauma and processing them, working on her confidence, and relying on herself to become free and independent, so no longer she is taken advantage of. Past hostile clan chiefs have gone and so will the current ones.
- My friend said "God Willing", and I advised he is too busy and expects us not to wait for him but to do something.



As for me, I remain half awake in a dream for independence by this or the next generation!



Hopefully you too! Thank you!